

# Clinician Profile

## Elizabeth Anne “Betsy” Clark, PT, DPT, ATC

Years of Clinical Experience: 5



**Betsy Clark** believes that every patient has unique abilities and goals, requiring skilled, patient-centered treatment to assist them to return to their meaningful and valued activities. Seeing each person as more than just the diagnosis, Betsy specializes in being an advocate and collaborator with all and is devoted to finding the “just right” fit while designing innovative treatment plans that meet the desired goals. Her noteworthy successes include the evaluation and treatment of a myriad of musculoskeletal diagnoses including orthopedic conditions of the upper and lower extremities with an emphasis on sports medicine and neurological conditions. She is likewise skilled in the treatment of vestibular disorders, and concussion/balance rehabilitation.

### Education and Certifications

- **Bachelor of Science in Athletic Training** – *King’s College* - 2011
- **Doctor of Physical Therapy** – *Saint Augustine for Health Sciences* – 2015
- **LSVT BIG for Parkinson’s disease**- 2017
- **Continuing Education** – APTA Combined Sections – Emphasis in Orthopedic Presentations; Evidenced Based Examination of the Knee and Thigh; Treatment of the Patient with knee Osteoarthritis; Rotator Cuff and Labral Pathology – Presentation and Post-Operative Rehabilitation

**“I strive to provide an exceptional physical therapy experience that patients enjoy.”**

**Betsy’s Vision...**My vision is to collaborate with each patient to establish an individualized treatment plan, provide condition specific education and supply the tools necessary for management and prevention of further injury. I measure success as being when a patient meets their goals while improving their quality of life and returning to their optimal level of function.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Manual Therapy
- Vestibular Rehabilitation
- Concussion Management
- TMJ/TMD
- Negative Pressure Soft Tissue Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Parkinson’s Rehabilitation

**Shore Orthopedic Rehabilitation**  
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