

# Clinician Profile

## Meghan L. Kozlowski, DPT



**Meghan Kozlowski** is an integral part of the NovaCare team with a passion for clinical excellence. Her hallmark is to help patients achieve their optimal functional mobility and independence and to improve their overall quality of life and well-being. She has noted success in the evidence-based treatment of soft tissue dysfunction of the spine, and post-surgical lower extremity rehabilitation specific to hip, knee, and patella-femoral pain.

### Education and Certifications

- Bachelor of Science in Interdisciplinary Health Services – 2012 Saint Joseph’s University, Philadelphia, PA
- Doctor of Physical Therapy – 2016 – University of the Sciences, Philadelphia, PA
- Certified in Select Medical WorkStrategies® Functional Capacity Evaluations
- Continuing Education – SICK scapula; Certified Orthopedic Manual Therapist – in Training
- Certified – Instrument Assisted Soft Tissue Mobilization (IASTM)

**“I provide a personable experience to all my patients with constant communication, follow up and compassion.”**

**Meghan’s Vision...** I am passionate about providing the best care possible to every patient I work with. I strive to help each individual reach their goals through open communication, compassion, and evidence-based treatments. I enjoy developing the therapist-patient relationship, creating individual treatment plans, and the great reward of observing improvement and patient restoration to vigorous good health.

### Services Offered

- Physical Therapy
- Manual Therapy
- Hand Therapy
- Vestibular Rehabilitation
- Concussion Management
- TMJ/TMD
- Negative Pressure Soft Tissue Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Strategies® Program – *Work Injury Prevention and Management*

### Shore Orthopedic Rehabilitation

managed by NovaCare

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