

Clinician Profile

Grady Brozyna, MSPT, OCS, COMT

Years of Clinical Experience: 23



Grady Brozyna is a valued member of the NovaCare team, who has spent his career treating a broad spectrum of orthopedic conditions. He specializes in the rehabilitation of patients with sports injuries, whiplash, chronic pain, foot and ankle disorders, TMJ dysfunction, and post-surgical interventions including total joint replacements, ACL reconstructions, muscle, tendon and cartilage repairs. In 2018 Grady began teaching the Certified Orthopedic Manual Therapist program and other courses across the country for Select Medical. He is proficient in Spanish and American Sign Language. His education and certifications include the Orthopedic Clinical Specialty (OCS) from the American Physical Therapy Association in 2009 and recertified in 2019, Certified Orthopedic Manual Therapist (COMT) in 2014, Residency and Fellowship training in Orthopedic Manual Therapy in 2015 and 2016. Grady graduated in 2000 with a master's degree in PT from University of Medicine and Dentistry of NJ.

Education and Certifications

- **Master's Degree in Physical Therapy – University of Medicine and Dentistry of New Jersey - 2000**
- **Board Certified - Orthopedic Clinical Specialist (OCS) - 2009**
- **Certified Orthopedic Manual Therapist (COMT) – 2014**
- **Residence & Fellowship Trained in OMT**

“I keep current on research and techniques so I can help patients choose the best scientific approach to achieving health and wellness.”

Grady's Vision...As a physical therapist I am focused on helping each patient reach their rehabilitative goals in a timely manner. I keep current on research and new techniques so I can remain skilled at implementing the best, most scientifically backed treatment to achieve the desired results. Educating my patient's to care for themselves is an everyday goal for me.

Services Offered

- Physical Therapy
- Manual Therapy
- Hand Therapy
- Sports Medicine
- Pre and Post-Op Rehabilitation
- TMJ/TMD
- Negative Pressure Soft Tissue Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Strategies® Program – *Work Injury Prevention and Management*

Shore Orthopaedic Physical Therapy

managed by NovaCare

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