

# Clinician Profile

## Nathan Alexander Roberts, PT, DPT



**Nathan Roberts** is a valued member of the clinical team who strives to exceed patient expectations by providing a standard of care above and beyond traditional practice. He has seen notable success in the treatment of knee and hip replacements, shoulder impingement, low back pain, ankle strain/sprain, cervical pain and radiculopathy, and patella femoral pain syndrome. Nate's focus is on promoting healing and general wellness in his patients through personalized, evidence-based treatments and creating an enjoyable and productive therapy session each visit. In addition, Nate is committed to expanding his knowledge and expertise, developing new skills and furthering the ability to meet the needs of his patients through continuing education. Future plans for Nate include becoming a certified manual therapist, and increasing his orthopedic proficiency.

### Education and Certifications

- **Doctor of Physical Therapy**  
*Stockton University - 2020*
- **Bachelor's Degree - Biology**  
*Grove City College - 2017*
- **Continuing Education** – Manual Therapy of the Spine – Mobilization and Manipulation; Instrument Assisted Soft Tissue Mobilization; Neural Mobilization of the Upper and Lower Extremity; Manual Therapy of the Upper and Lower Extremity – Mobilization and Manipulation

**Nate's Vision...**Physical therapy is a special field because of the one-on-one time with patients and the time allowed for providing healing hands-on techniques. I want to be able to lay my hands on any patient and make a difference from when they walked in the door.

### Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Manual Therapy
- Vestibular Rehabilitation
- Concussion Management
- TMJ/TMD Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Pre and Post-Surgical Rehabilitation
- Treatment of Acute and Chronic Pain

### Shore Orthopaedic Physical Therapy managed by NovaCare

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