

Clinician Profile

Stephanie Tischer, MS, OTR/L, CLT

Years of Clinical Experience: 7



Stephanie Tischer is a dedicated professional with a passion for excellence in patient care. From the moment a patient comes through the door, she is fully engaged in creating an outstanding rehabilitative experience with compassion, empathy and expertise. As an occupational therapist, Stephanie utilizes a combination of manual therapy, exercise, therapeutic activity, pain management and patient education to maximize recovery. She enjoys connecting with each of her patients and growing to understand their unique needs and goals throughout their path to recovery. Stephanie has notable success in the treatment of clavicle and shoulder fractures.

Education and Certifications

- **Master of Science in Occupational Therapy**
Thomas Jefferson University East Campus - 2015
- **Certified Lymphedema Therapist – Norton School**
135 hours Complete Decongestive Therapy
- **Continuing Education** – LSVT BIG® Certification; PAMs; Certified Lymphedema Therapist; Complete Shoulder Rehabilitation; Metacarpal Fractures – Achieving Best Outcomes; An Evidence-Based Approach to Conservative Management of Trigger Finger

“I see each of my patients as more than just their diagnosis and strive to treat the whole person and improve their quality of life.”

NovaCare in South Jersey...

Provides preventative, rehabilitative and performance-enhancing programs and services that maximize function and promote well-being in patients of all ages and abilities.

Services Offered

- Physical Therapy
- Manual Therapy
- Hand Therapy
- Vestibular Rehabilitation
- Concussion Management
- Lymphedema Treatment
- LSVT BIG® for the treatment of Parkinson's disease
- TMJ/TMD
- Negative Pressure Soft Tissue Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Strategies® Program – *Work Injury Prevention and Management*

Shore Orthopaedic Physical Therapy

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